



Michael Benghiat CD Collection

Described as “a gifted and sensitive artist”, Michael Benghiat’s talents as a musician and composer come to fruition in his **Michael Benghiat® CD Collection for At Peace® Media**, a series of eleven CD recordings composed, performed and recorded over a span of six years. All eleven CDs in this CD collection offer acoustic, instrumental music and reflect Michael’s ability to elevate the “relaxation music” genre to a new level of meaning and resonance. This music is used for massage and spa, yoga, pilates, meditation, healing arts, aromatherapy, stress-relief and pure enjoyment and is retailed worldwide through spas, resorts and specialty retailers.

Each CD offers a full hour of continuously soothing music with no jarring tempo changes or unexpected interruptions. The sense of intimacy and lightness of touch results from Michael’s impeccable ability to direct and weave together the ensemble performances of the musicians he assembles for his recording sessions. The result? Gentle acoustic, instrumental music with beautiful melodic textures and subtle rhythms offering an emotional richness and spiritual depth that result in listeners responding, “*I can listen to his music all day long*” . . . “*I have clients who request this CD*” . . . “*the sound is very profound, deep, and you cannot help but contact your inner self.*”

The natural beauty and panoramic splendor of the Big Sur coast of California inspired Michael’s first At Peace CD recording, *Harmony*, the original soundtrack to the award-winning *Esalen® Massage Video*. Since that time, listeners world wide have discovered that Michael’s At Peace CD recordings are, according to **NAPRA Review**, “*wonderful music for relaxation with or without massage! . . . gentle, flowing ambiance . . . renewing.*”

The collection includes the following CDs:

- **HARMONY**, previously titled “*Music from Big Sur*” includes flutes, harps and percussion.
- **FLOW**, previously titled “*Sunset Prairie*”, includes flutes, guitar, dulcimer, harps, percussion and piano.
- **HEARTS TOGETHER**, previously titled “*Spirit Wood*”, includes flutes, harps, koto, percussion and piano.
- **MEDITATION**, includes flutes, harps, strings and percussion.
- **OASIS**, Mediterranean inspired, featuring the soulful and sensuous sounds of the duduk, an Armenian wind instrument, the oud, a middle-eastern lute and the violin.
- **SERENA**, previously titled “*Doors of Perception*”, includes Balinese gamelan, flutes, harps, percussion and piano.
- **SUNLIGHT**, previously titled “*Return to Big Sur*”, includes flutes, harps and percussion.
- **SUNRISE**, previously titled “*Rainbow Bridge*”, includes flutes, guitar, harps, piano, sitar, tanpura and an angelic, cooing voice on one track.
- **TRANSFORMATION**, includes flutes, guitar, piano, harps and percussion.
- **YOGA**, life-enhancing, renewing, acoustic music for yoga, meditation and the healing arts. Whispering percussion, soulful flutes and recorders, airy piano and keyboards and sublime guitar gently blend together, creating a tranquil, yet expansive musical flow.
- **YOGA PULSE**, unobtrusive musical support, ideal for yoga, massage, meditation and esthetics. Non-repeating melodic textures allow the mind to relax and unwind. Acoustic instrumentation includes acoustic, nylon and electric guitars, balalaika, djembe, dulcimer, log drum and keyboards. 62 minutes of music followed by a “bonus” track with a voice-guided Body Scan meditation.

More info + contacts:

Visit www.atpeacemedia.com and click on MUSIC to view the complete At Peace Media product catalog, to hear music sample clips and to read customer testimonials and media reviews.

Sales Contact: Sherry Donovan, 800-619-1410 , sherry@atpeacemedia.com for a spa music consultation and to inquire about CD samplers, wholesale pricing and retail displays.

Media Contact: Jan Liverance, 203-637-5424, jan@atpeacemedia.com for more info, images and review samples.